

St. Louis Swift Track Club – Coaching Staff Application

"Building Champions, One Stride at a Time"

APPLICANT INFORMATION

Full Name: _____

Date of Birth: _____

Address:

City: _____ State: _____ Zip Code: _____

Phone Number: _____ Email Address: _____

T-Shirt/Gear Size: _____

COACHING & ATHLETIC EXPERIENCE

Current Occupation: _____

Have you coached Youth Track & Field before? Yes No If yes, how many years?

Previous Teams/Organizations: _____

Do you hold any coaching certifications? (Check all that apply) USATF Level 1 or higher
 AAU Certified First Aid / CPR / AED NFHS Certification Other:

Briefly describe your own athletic background (High School, Collegiate, Professional, etc.):

AREAS OF EXPERTISE

Please check the areas where you are most comfortable coaching:

Sprints (60m, 100m, 200m, 400m) **Middle Distance** (800m, 1500m) **Distance** (3000m, XC) **Hurdles** **Relays** (4x100, 4x400, Hand-offs) **Long Jump / Triple Jump** **High Jump** **Shot Put / Discus / Javelin** **Strength & Conditioning** **Peewee / Youth Fundamentals (Ages 6-8)**

COACHING PHILOSOPHY

Why do you want to coach for the St. Louis Swift Track Club?

What is your approach to handling discipline and motivating young athletes?

AVAILABILITY

Our season typically runs from Spring through Summer. Meets are often on weekends.

Are you available for evening practices (typically 6:00 PM - 8:00 PM)? Yes No
Partially (Explain: _____)

Are you available for weekend track meets (Saturdays/Sundays)? Yes No Partially

REFERENCES

Please list two non-family references.

1. Name: _____ Relationship: _____
Phone: _____

2. Name: _____ Relationship: _____
Phone: _____

BACKGROUND CHECK AUTHORIZATION & WAIVER

St. Louis Swift Track Club is committed to the safety of our youth athletes. All coaching staff are required to undergo a background check and complete SafeSport training (if applicable per AAU/USATF guidelines).

Have you ever been convicted of a felony or a crime involving a minor? Yes No

By signing below, I certify that the information provided in this application is true and complete. I authorize St. Louis Swift Track Club to verify my background and references.

Applicant Signature: _____

Date: _____

OFFICIAL USE ONLY Interviewed By: _____ Date: _____

Status: Approved Pending Declined